



Mental health support for veterans

A specialist service for ex-armed forces veterans and service personnel who are approaching discharge, to support and recognise the early signs of mental health problems

Tel: 0300 373 33 32

Email: opcourageNORTH@cntw.nhs.uk

Scan:



North of England Team

Service provide

Cumbria, Northumberland Tyne and Wear NHS
Foundation Trust
Tees, Esk and Wear Valleys NHS Foundation Trust
Pennine Care NHS Foundation Trust
Leeds and York NHS Partnership Foundation Trust
Humber Teaching NHS Foundation Trust
Walking With The Wounded
Combat Stress